

Every Brain Matters Community Newsletter

May 2022

Every Brain Matters is a community of support, advocacy, and science. Join us, as we call for a cultural change with the widespread use of our logo, which unites us and symbolizes both "freedom from marijuana" and optimal brain and environmental health. The public has been deceived and misled regarding the effects of marijuana products, leading us to a public health crisis. No matter what decisions are made or how much the drug culture expands, we will "Keep On Keepin On", because we wholeheartedly know that Every Brain Matters.



An Inside View on What It Feels Like to be Addicted and in Psychosis

"I don't remember the very first time I smoked, but I certainly remember the last. I was 16 or 17 when I became curious about weed and its seemingly fun and therapeutic effects. It sounded perfect for me as a bored, anxious kid that just wanted some sort of coping tool. Albeit now I see it more as a weapon than a tool. I would smoke a bowl here and there and pass around the pipe with my friends after school in my backyard, not a worry in the world."



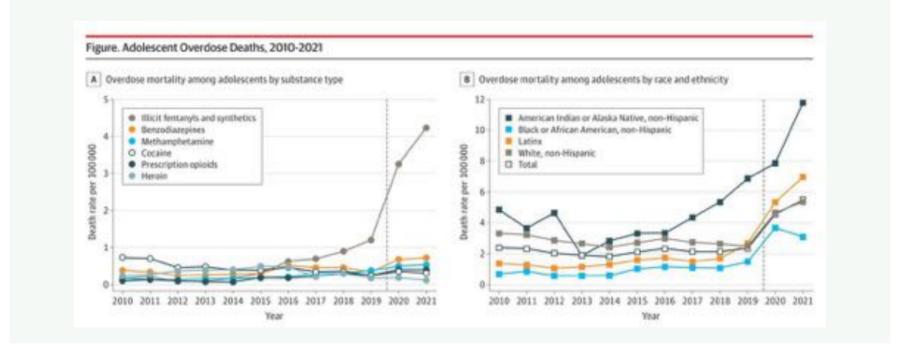
National poison control centers received 2,362 exposure cases of delta-8 THC products between January 1, 2021 (i.e., date that delta-8 THC product code was added to database), and February 28, 2022. Of the 2,362 exposure cases:

- 58% involved adults, 41% involved pediatric patients less than 18 years of age, and 1%
- 58% involved aduits, 41% involved pediatric patients less than 10 years of age, and 1% did not report age.
 40% involved unintentional exposure to delta-8 THC and 82% of these unintentional exposures affected pediatric patients.
 70% required health care facility evaluation, of which 8% resulted in admission to a critical care unit; 45% of patients requiring health care facility evaluation were pediatric patients.
 One pediatric case was coded with a medical outcome of *death*.

https://www.fda.gov/consumers/consumer-updates/5-things-know-about-delta-8-tetrahydrocannabinol-delta-8-thc

200% Increase in Adolescent Overdoes Death Since 2010

Native American teens were hit the hardest followed by Latnix community https://jamanetwork.com/journals/jama/article-abstract/2790949



Advocacy Action

We are not alone!

Every Brain Matters families had an awesome time connecting at the Rx and Illicit Drug Summit and SAM conference in Atlanta!

Stayed tuned to hear how you can link arms with us and add your voice to this advocacy group.

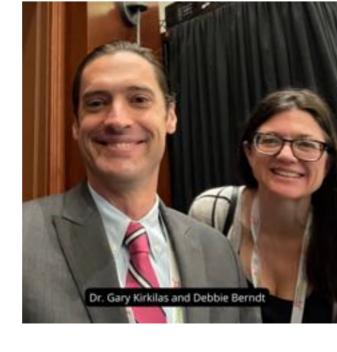
<u>Alex Hess' testimony</u> about her brother, Joshua, has been viewed over 40,000 times on TikTok. Read about <u>Joshua's story here</u>.

If you're on TikTok, check out @aubreeadamsebm and @everybrainmatters



















On The Calendar

Advocacy Meetings

Every Brain Matters Advocacy Meeting - 2nd Friday of every month, 1pm Central Time. Send an email to everybrainmatters@gmail.com if you would like to be a part of the EBM Advocacy team. Join one of committee and make a difference.

Support and Recovery Meetings

Monthly Speakers Meeting

Marijuana Led Me Down A Path of Self-Destruction

June 3 @ 6:00 pm - 7:00 pm CST



Josie M.

I'm Josie M. I'm 22, and I've been clean from marijuana and other substances for 3 years. Marijuana was my drug of choice and led me down a path of self-destructive behaviors. It heavily affected my mental

health, causing acutely heightened anxiety and paranoia. Through working a 12-step program, I have found healing, love, and the truth about how mind-changing chemicals really affect me. Join me while I share my story of recovery from marijuana with the Every Brain Matters community on June 3rd.



Recovery Questions For Families

Let's be honest, parenting a child who is using marijuana or any drugs was not in our parenting books. What's a family to do? Every Brain Matters has partnered with the Cornerstone community in Houston, Texas to answer these very important questions.



Not "Just Pot" Anymore - Q & A with Bart and Aubree - open forum to fellowship. Meetings are the first Monday every month.

<u>EBM Climbers Meeting</u> - interactive education group for family members to bring issues and questions and receive direct feedback from a counselor and other families.

<u>EBM Speakers Meeting</u> - First Friday of every month. See above if you missed last month's meeting and to see upcoming speaker.

Mar-Anon - support and hope for those affected by another's marijuana use.

A Moment of Silence

Remembering and honoring the people that we lost due to the normalization and commercialization of marijuana. May Marijuana Related Impaired-Driving Deaths: May 15, 2018 - Christy Limas, 14; Brooke Limas, 9; Noelle Johnson, 39. California. May 20, 2016 - Peyton Knowlton, 8. Colorado. May 21, 2012 - <u>Carter Vo, 8.</u> Illinois. May 16, 2015 - Aaron Dunigan, 18. Indiana. Juan Rivera, 56, Illinois. May 4, 2019 - Brent and Elizabeth Tinsley's unborn child. Illinois. May 26, 2020 - Roussy A. Cabrera Fuentes, 4. New York. May 21, 2017 - <u>Lindsey Rotuno, 17</u>. Ohio. May 13, 2017 - Ellie Goldenberg, 22. Florida. Everglades tour boat crash. May 17, 2017 - Cheyllyn Collinsworth, 18. Washington. May 16, 2021 - Gwen Inglis, 46. Colorado. May 1, 2020 - Kevin Patterson, 42. Minnesota. To memorialize and honor your loved one in the Every Brain Matters community, please click this link.

The Every Brain Matters Store

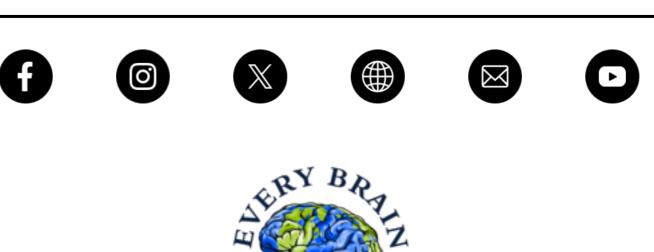
We call for a cultural change with the widespread use of our logo to bring visual public awareness that unites us and symbolizes "freedom from marijuana", and promotes optimal brain and environmental health.

Click the item to see colors, sizes, and other variations.



Click here to see all available merchandise at the Every Brain Matters Store.

Join And Support The Every Brain Matters Community Here



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