

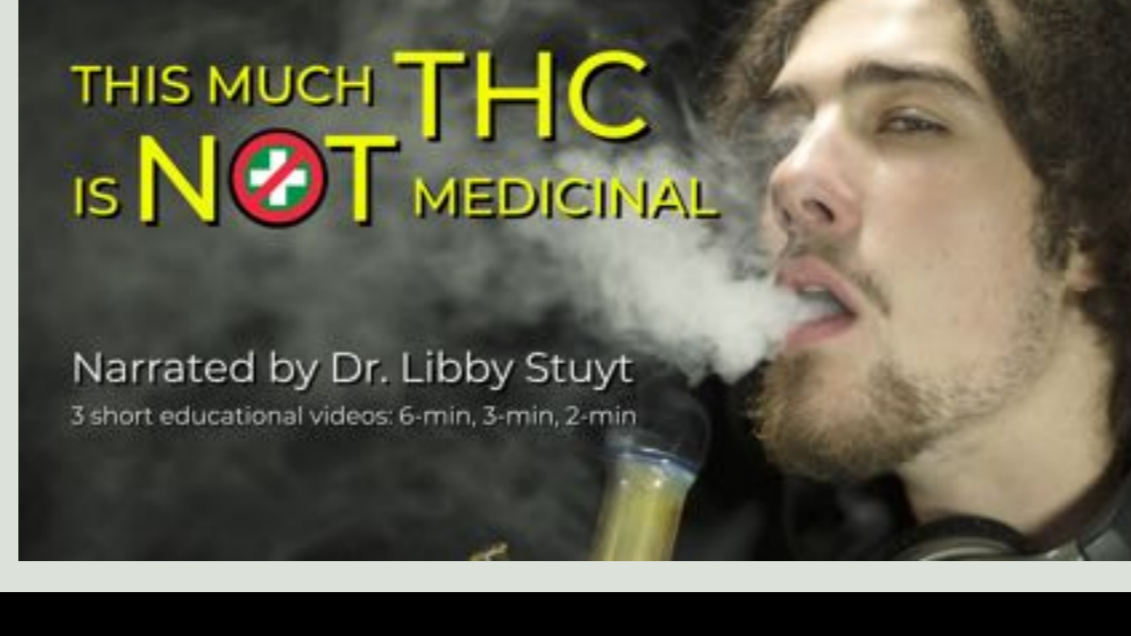


Every Brain Matters Community Newsletter April 2023

The Every Brain Matters community educates about the dangers of marijuana and the drug culture expansion. We provide support for families and advocacy based on science and lived experiences. The public has been deceived regarding marijuana products and their effects, like cannabis use disorder, cannabis-induced psychosis, and cannabinoid hyperemesis syndrome, which has led to a public health crisis. No matter what decisions are made or how much the drug culture expands, we will "Keep On Keepin On" because we wholeheartedly know that *Every Brain Matters*.

Spotlight

We have 3 short educational videos: 6 min, 3 min, and 2 min options. Dr. Libby Stuyt was one of the proponents of a bill in Colorado to protect youth by regulating high-potency THC concentrates. The videos on this page show how much an 18-year-old with a medical marijuana card could purchase before the new law was passed, HB21-1317, and how much they still can purchase today. With expert narration by Dr. Stuyt, these short videos will open your eyes.



Family Voices and Resources

Resources

- Family support resources
- Recovery questions & videos for families
- Treatment resources
- Education
- Peer support Facebook group
- Webinars & panel discussion

www.everybrainmatters.org
info@everybrainmatters.org

Hope for Recovery

"When I used marijuana, it would often send me into panic attacks and episodes of mania. Worse, marijuana caused me to experience psychosis. I have been in recovery for the past two years, but I have struggled the most with my dependency on marijuana. Marijuana was not a harm-reduction drug for me; it always led me back to heroin". Listen to Lauren's powerful testimony here:



Testimonies

The effects of marijuana, and other drugs, are real and increasing. We are here for those who want to share their testimonies.

THE FIRST DEATH, CANNABIS-INDUCED PSYCHOSIS; THE SECOND DEATH, FENTANYL & METH

Share your testimony | Access all testimonies

Truth From Youth

Stronger Together

Over the last few weeks, I have had the privilege of sharing my passion for drug-free living with hundreds of high schoolers from all over the east coast. Nothing is more rewarding to me than leading others to a drug-free life. While having conversations with these students, my key takeaway was that people hate feeling alone. I met amazing students who felt so alone in their choice to stay drug-free. I heard them. I understood them. I lived what they were living. We live in a society that advocates for the drug culture expansion. With that being said, it can be so hard to speak up about what you care about, especially in high school. Not using or experimenting in high school isn't the cool thing to do. But why? It all comes down to being alone. People see others doing something, and by joining, they feel a sense of community. What if we built that sense of community around not just a drug-free lifestyle but also exercise, health, nutrition, laughter, etc.? If we rally around these incredible students who want to advocate but don't want to be in it alone, we will see a real change.



Hannah Palmer, Youth Coordinator & Social Media Administrator

Advocacy Action

It's not too late to sign up!

Parent Action Network Interest Survey

We want to empower you with the necessary tools to advocate for your communities and educate your representatives and decision-makers in the hopes that the information you provide will lead to good drug policy. As we approach the one-year anniversary of the Parent Action Network and continue to build our network, we want to hear from YOU! Please take a few minutes to complete this survey so that you can help better the work of the Parent Action Network!

Send this letter to congress today!

Every Brain Matters In The News



- We, the People Radio – KCNR 96.5FM and 1460AM Shasta/Redding, 2023, April 2
- KRDO Radio, Colorado Springs, with Dr. Libby Stuyt, 2023, March 24

Founder of Every Brain Matters, Aubree Adams, joins us to share her perspective on the growing health concerns related to marijuana use, especially the risks to children, teens, and young adults.



A Moment of Science

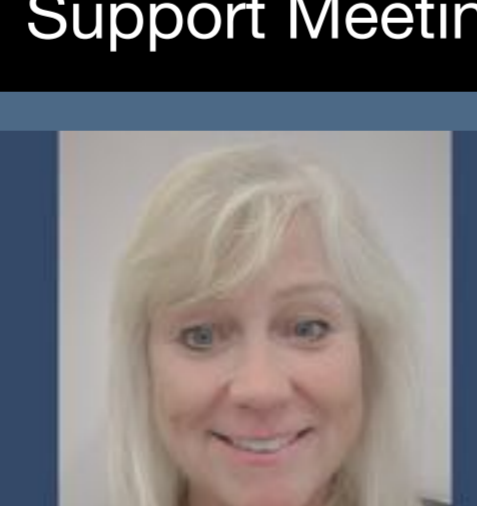
2023, February - Not all vaping is the same: differential pulmonary effects of vaping cannabidiol versus nicotine. Vaping of CBD induces a potent inflammatory response and leads to more pathological changes associated with lung injury than vaping of nicotine.

2023, March 1 - State Cannabis Legalization and Cannabis Use Disorder in the US Veterans Health Administration, 2005 to 2019 - Although legalization contributed to increasing CUD rates, the role of the laws in these increases may not have been not state-specific or other factors may have played a larger role.

2023, March 10 - Seeing is believing: How cannabis marketing exposure is associated with cannabis use attitudes and behavior in a permissive medical cannabis policy environment

2022, Nov. 23 - Long-Term Outcomes of Adolescent THC Exposure on Translational Cognitive Measures in Adulthood in an Animal Model and Computational Assessment of Human Data - high-dose adolescent THC exposure was associated with cognitive vulnerability in adulthood, especially with THC re-exposure

Support Meetings



Learn more

My name is Linda Wolfe. My son had three episodes of cannabis-induced psychosis within two years, beginning in his first semester of college. It was doing fine, playing sports, and was in the sheriff's cadets program. We all enjoyed traveling and spending time together, and then THC-induced psychosis episodes hit our family like a thunderbolt. My husband and I had to involuntarily commit him to the hospital three times, including a CA hospital. We as a family, went through absolute HELL. This was NOT the son we knew. We worked through it together as a family, and now our son is recovering well. He has been clean from weed for the last year. I will share my experience, strength, and hope with the Every Brain Matters community because I want to help other families. Please join me on May 5, 2023.

Every Brain Matters Climbers Family Support Group

An interactive educational group for family members to bring issues, questions or concerns, and receive direct feedback from a trained counselor and other families. Learn tools of recovery to help you and your family



Mar-anon, a 12-Step program designed for those affected by another's marijuana use.

Advocacy Meetings



Every Brain Matters Advocacy Group

This group has been created for those who want to advocate against full-scale legalization of marijuana and for strict regulation and preventative measures in areas where this drug is already legal.

Learn More

A Moment of Silence

Remembering and honoring the people that we have lost due to the normalization and commercialization of marijuana. Do you want to memorialize and honor a loved one in the Every Brain Matters community? [Learn more](#)

- April Marijuana related impaired-driving deaths:**
- April 4, 2018 - Yorel Levin, 21, and Elisheva Kaplan, 20, New York
 - April 11, 2021 - Frances Poole, 67, Illinois
 - April 14, 2020 - Cori Lynn Shearing, 20, New York
 - April 20, 2021 - Nathanael Madison, 22 and Dallas Colburn, 22, Illinois
 - April 25, 2019 - Riley Conrad, 31, Washington
 - April 26, 2015 - Richard Tom, 47, and Joseph Marshall, 17, Vermont
 - April 29, 2017 - Haley Abbott, 15, Indiana
 - April 29, 2015 - Enrique Moreno, Illinois
 - April 30, 2017 - Andrew Brunsmann, 30, Ohio

- April Remembrance:**
- Denuty Jeffrey Trevillyan - April 30, 2019
- April Heavenly Birthdays:**
- Benjamin Lee - April 5, 1999
 - Jolo Alonzo Talay - April 12, 1999
 - David Childs - April 14, 1999
 - Neal Jansen Honka - April 21, 1996
 - Chris Cowan - April 23, 1971
 - Charles Aubrey Rogers - April 26, 1995

[View Memorial Group](#)

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