

### Every Brain Matters Community Newsletter May 2023

The Every Brain Matters community educates about the health and environmental dangers of marijuana and the drug culture expansion by providing support for families and advocacy, all based on science, including lived experiences.

The public is being deceived regarding marijuana products and their effects, including cannabis use disorder, cannabis-induced psychosis, and cannabinoid hyperemesis syndrome, which has led to a public health crisis. No matter how much the drug culture expands, we will "Keep On Keepin On" because we wholeheartedly know that Every Brain Matters.

### Spotlight



share with families.

marijuana use, and as a result, families are paying a heavy price. While we can never keep our children completely safe from marijuana, here are a few recommendations to help effectively respond as a parent through this cultural crisis.

### Hope for Recovery

The Every Brain Matters Support Advisory Committee are valuable leaders with lived experiences that pave a path for families to find clarity, truth, and hope. They connect with families affected by marijuana and provide essential resources. They want families to know they are not alone in a world that is, unfortunately, embracing marijuana and promoting false information about its effects. This month we feature Chan Mcneill. Learn more.



Chan (Shawn) McNeill is a Gulf War Veteran, breast cancer survivor, actor, wife, and mother



from Houston, Texas. For most of her life, she had been aware of some form of addiction in her family, but in 2019 it hit

closer to home. She has spent the last few years working with counselors and advisors to learn more about addiction to Marijuana and other substances. Since 2020 she has been learning and helping others with Parent-Driven Recovery principles. She currently serves on the Parent Committee at Cornerstone Team Counseling and Alternative Peer Group in Houston, Texas, and she volunteers with Mar-anon Family Groups. She draws on her life experiences to remind her of the strength we all possess.

Her goal is to share her experience in order to help others gain strength and know that there is hope in this journey of recovery.



hope and healing from the impacts of marijuana.

Pam Lanhart is the founder and executive director of Thrive Family Recovery Resources. Join us to hear how Pam Thrives through her personal loss and continues giving hope to others.

> Date: June 2, 202 Time: 6 pm Central time EveryBrainMatters.org







## Advocacy Action

The tough, lonely job of being a marijuana legalization opponent in Minnesota: "Every guardrail they had in place didn't work," said Heather Bacchus after describing the cannabis-induced psychosis and suicide of her "forever 21" year-old son Randy.



Bacchus testified at the first hearing on House File 100 that her son had moved to Colorado because of its recreational marijuana law. "What you are putting in place is not safe," she said.

Finance and Policy Committee meeting on January 11. Screen shot

New Hampshire Shows up to Oppose Marijuana Legalization. Including youth, people in recovery (Anne Hassel), scientist (Dr. Amy Turnclift) and doctors, drug prevention specialists, families.

Dear Aubree, On behalf of everyone at <u>CADY</u>, I wish to express our deep appreciation for your powerful testimony in front of the NH Senate Judiciary Committee on Thursday.

Your presence, lived experience, and subject matter expertise provided significant evidence to the harms of marijuana to children. We believe you raised a level of awareness that will make a profound difference in preventing legalization and protecting our children and families from the harms of high-potency THC. With deep gratitude,

Deb Naro, M.Ed., Executive Director

CADY, Inc.(Communities for Alcohol-and Drug -Free Youth

#### Sign up for this free webinar: The Low-Down on High-Potency THC and the Associated Mental Health Risks

Families suffering the consequences of marijuana-induced psychosis are turning their tragedies into learning experiences so that others might not have to face what they have. This important webinar will feature Dr. Libby Stuyt, and two warrior moms — Laura Stack, founder of Johnny's Ambassadors, and Donna Thomas, founder of James's Warriors, as they share their tragic stories about how marijuana contributed to the death of their sons by suicide and how they are lifting the mask on these highpotency marijuana products.



Attention: New Time for Advocacy Meeting, starting in June 2023! Regular scheduled Advocacy meeting for Friday, May 12 at 1:00 pm Central









# Every Brain Matters in The News

Driven to suicide by weed: Three families share how highly-potent weed tore their lives apart: "The parents work with Every Brain Matters, an advocacy organization dedicated to educating people about the dangers that come with frequent cannabis use...



Aubree Adams, Director of Every Brain Matters was featured on Minnesota NPR and KRDO in Colorado Springs, Colorado along with Dr. Libby Stuyt from the International Academy on the Science and Impacts of Cannabis.



PERSPECTIVE: Colorado after legalized marijuana Ken Finn, M.D. Apr 16, 2023 contributors Aubree Adams, Karen Randall, M.D., Libby Stuyt, M.D.

**GUEST COLUMN:** Standing up to the threat of marijuana-Aubree Adams- Apr 30, 2023 contributors Ken Finn, M.D., Karen Randall, M.D., Libby Stuyt, M.D.



GUEST COLUMN: Standing up to the threat of marijuana The mental health crisis in Colorado is not a concern anymore; it is a

### Truth From Youth

**College Students and Marijuana Culture** Marijuana is everywhere. The drug has become much more prevalent since it has been promoted and deemed safe by society. I have a handful of friends who use it on a daily basis, and honestly, this has become a collegiate norm. Having to hit a vape or dab pen regularly is just something people do. It is like the elephant in the room. Everyone knows they shouldn't. Everyone sees the toll it takes on their body. But no one wants to address it. Recently I have had two friends completely stop dabbing. Both of them look back and wish they had quit sooner. In their words, they said it made them more stupid, slow, and lazy. Since quitting, they saw improvements in their mental and physical health. It is baffling to me how many people struggle with using and recognize a decline in their overall well-being, yet no one talks about it. I am grateful some friends are seeing what life looks like drug-free, but they only represent a small minority. If we want to see more lives changed, we need everyone on board. Whether you've never used, currently use, or quit using, your voice is so important.



Hannah Palmer, Youth Coordinator & Social Media Administrator

### A Moment of Science

2023, May 4 - Young men at highest risk of schizophrenia linked with cannabis use disorder -30% Of cases of schizophrenia among men aged 21-30 might have been prevented by averting cannabis use disorder.

2023, March 7 - Development of cannabis use disorder in medical cannabis users: A 9-month follow-up of a randomized clinical trial testing effects of medical cannabis card ownership- Frequency of cannabis use was not associated with improved pain, anxiety, or depression symptoms but was associated with new-onset cannabis use disorder in a significant minority of participants.

2023, March 1 - State Cannabis Legalization and Cannabis Use Disorder in the US Veterans Health Administration, 2005 to 2019 - Veterans Health Administration patients medical cannabis laws and recreational cannabis laws enactment played a significant role in the overall increases in CUD prevalence, particularly in older patients.

2023, Feb 14 - Vaping Dose, Device Type, and E-Liquid Flavor are Determinants of DNA Damage in Electronic Cigarette Users- Vape users had 2.6x more DNA damage than non-smokers

2023, Jan 1- Prenatal cannabis use disorder and infant hospitalization and death in the first year of life Prenatal cannabis use disorder was associated with higher infant mortality.

2023, Aug - The association between cannabis use and risk of non-medical pain reliever misuse onset among young adults in a legal cannabis context - Despite claims that cannabis use may reduce opioid use and related harms, findings suggest that cannabis use, including medical use, may not be protective, but instead may increase risk for non-medical pain reliever misuse.

# A Moment of Silence

Remembering and honoring the people that we have lost due to the effects of marijuana.

May Marijuana related impaireddriving deaths:

May 1, 2020 Kevin Patterson, 42. Minnesota May 3,2011 Jeremy Webb, 18, Wyoming May 4, 2019 Brent and Elizabeth Tinsley's unborn child. Illinois. May 13, 2017 Ellie Goldenberg, 22. Florida. Everglades tour boat crash. May 15, 2018 Christy Limas, 14; Brooke Limas, 9; Noelle Johnson, 39. California.

May 16, 2015 Aaron Dunigan, 18. Indiana. Juan Rivera, 56, Illinois. May 16, 2021 Gwen Inglis, 46. Colorado May 17, 2017 Cheyllyn Collinsworth, 18. Washington. May 20, 2016 Peyton Knowlton, 8. Colorado. May 21, 2017 Lindsey Rotuno, 17. Ohio. May 21, 2012 Carter Vo, 8. Illinois. May 26, 2020 Roussy A. Cabrera Fuentes, 4. New York. May 29, 2014 Chase Rodgers, 20, North Carolina

May Remembrance: Ben Shealy May 19, 2020 Katee Gene Ferguson, May 28, 2020 May Heavenly Birthdays: Nathaniel Starkel May 5, 1996 Dillon Andrew Blodgett, May 25, 1992

View EBM Memorial Group

Memorialize My Love One



Copyright (C) 2022 Every Brain Matters. All rights reserved.

Want to change how you receive these emails? You can update your preferences or unsubscribe