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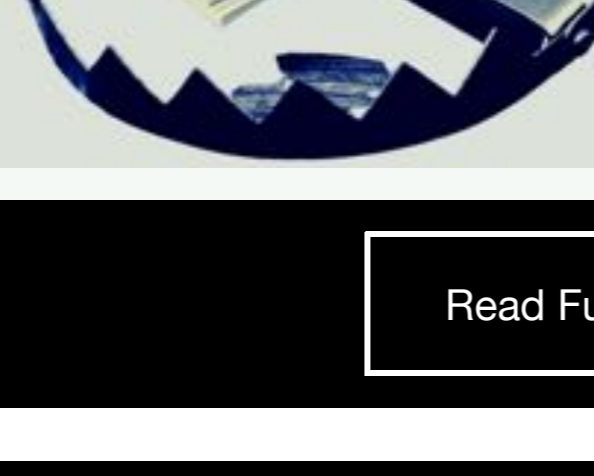


Every Brain Matters Community Newsletter November 2022

Every Brain Matters is a community of support and advocacy based on science and experience. **Join us** as we call for a cultural change with the widespread use of our logo, which unites us and symbolizes both "freedom from marijuana" and optimal brain and environmental health. The public has been deceived and misled regarding the effects of marijuana products, leading us to a public health crisis. No matter what decisions are made or how much the drug culture expands, we will "Keep On Keepin' On", because we wholeheartedly know that **Every Brain Matters**.

Spotlight

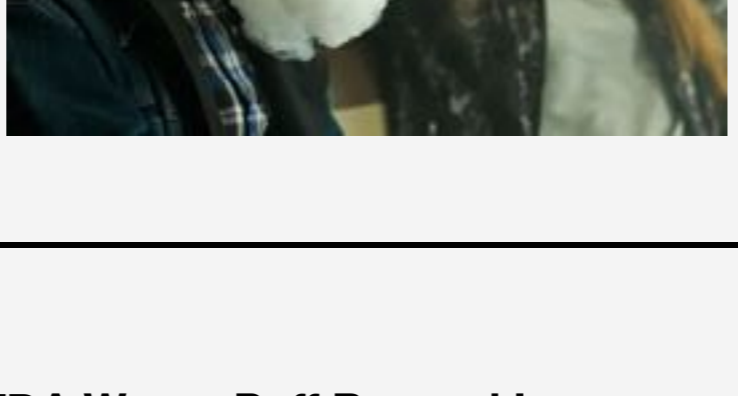
WHAT LEGAL MARIJUANA REALLY COSTS



No matter where you stand on the legalization debate, the findings are concerning. In fact, even if you currently support legal weed, the indisputable facts may just change your mind.

[Read Full Article Here](#)

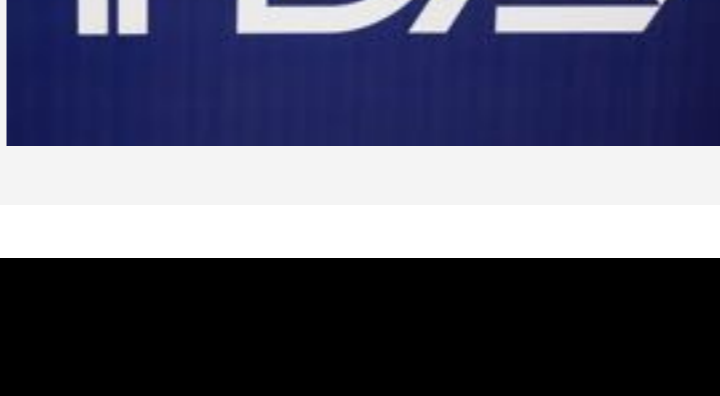
In The News



How schools (and parents) are losing the war against teen vaping

[Read Article Here](#)

FDA Warns Puff Bar and Issues Denial to Hyde, Two of the Most Popular Brands with Youth



[Read FDA News Release](#)

Education

Use the **Every Brain Matters** downloadable infographics to educate in your community.



Family Resources

Recovery Questions For Families



Recovery videos For Families



Testimonies

The effects of marijuana, and other drugs, are real and increasing. We are here for those who want to share their testimonies. Click each graphic to read and share the the articles below and help give families a voice. Please help us raise awareness by sharing your testimony here.

[More Testimonies Here](#)

My doctor even put me on medical weed, granted me a medical card, and didn't even tell me about CHS. I lost 40 pounds. I was prepared to die. I honestly feel that Brian's passing saved my life. His story sealed the deal for me.

POT WAS KILLING ME, EVERYTHING I WAS TOLD ABOUT POT WAS A LIE

A Moment of Science

March 2022 - Fine Particulate Matter Exposure From Secondhand Cannabis Bong Smoking

- Toxic air pollutants from secondhand cannabis bong smoking are four times worse than that from cigarettes
- Non-smokers are exposed to even higher concentrations of SHCS materials during "hot-boxing," the popular practice in which cannabis smokers produce high volumes of smoke in an enclosed environment.
- This study's findings suggest SHCS in the home is not safe and that public perceptions of SHCS safety must be addressed.

March 2022 - Cannabis legalization and cannabis-involved pregnancy hospitalizations in Colorado

- March 2022 - During the study period, cannabis-involved pregnancy hospitalizations increased from 429 to 1210. Mean hospitalizations per county (1.7 to 4.7) and per 10 K live births (13.2 to 56.7) increased. Overall, increasing recreational dispensary were associated with increases in hospitalizations (1.02, CI: 1.00, 1.04).

Oct. 2022 - Cannabis Use Increases Pain After Surgery, American Society of Anesthesiologists

- Cannabis users experienced 14% more pain in the first 24 hours following surgery than non-cannabis users. Additionally, cannabis users consumed 7% more opioids post-surgery.

Oct. 2022 - The effect of prenatal cannabis exposure on offspring preterm birth: a cumulative meta-analysis

- Offspring exposed to maternal prenatal cannabis use was associated with higher risk of preterm birth, which warrants public health messages to avoid such exposure, particularly during pregnancy.

Oct. 2022 - The Dark Side of Cannabidiol: The Unanticipated Social and Clinical Implications of Synthetic Δ8-THC

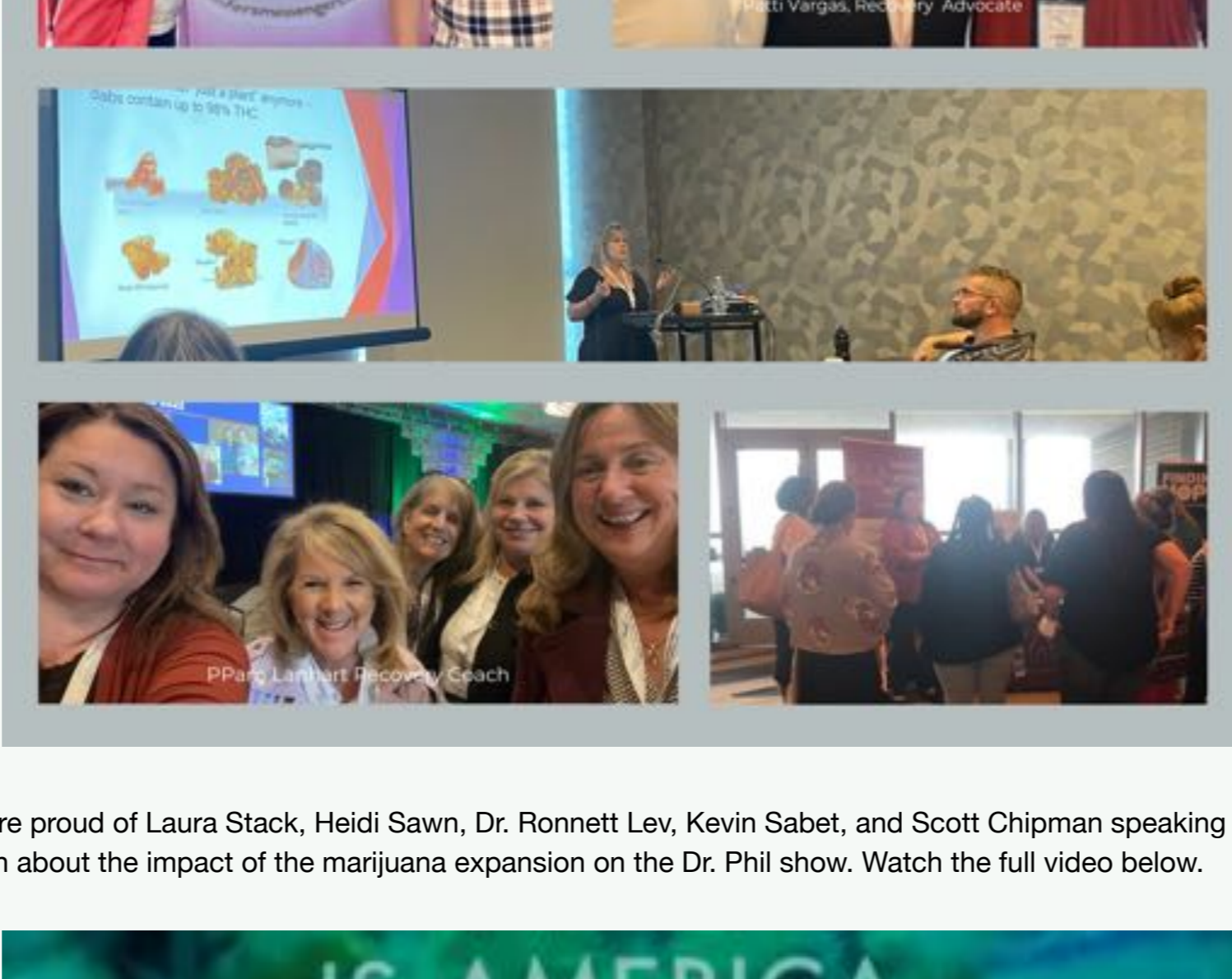
- Quality control is totally inadequate in the newly emerging Δ8-THC industry. American consumers are ingesting products that are mislabeled with many compounds that have never received any toxicological testing. EVALU cases continue to be reported with a fatality rate approaching 2% (in California).

Advocacy Action

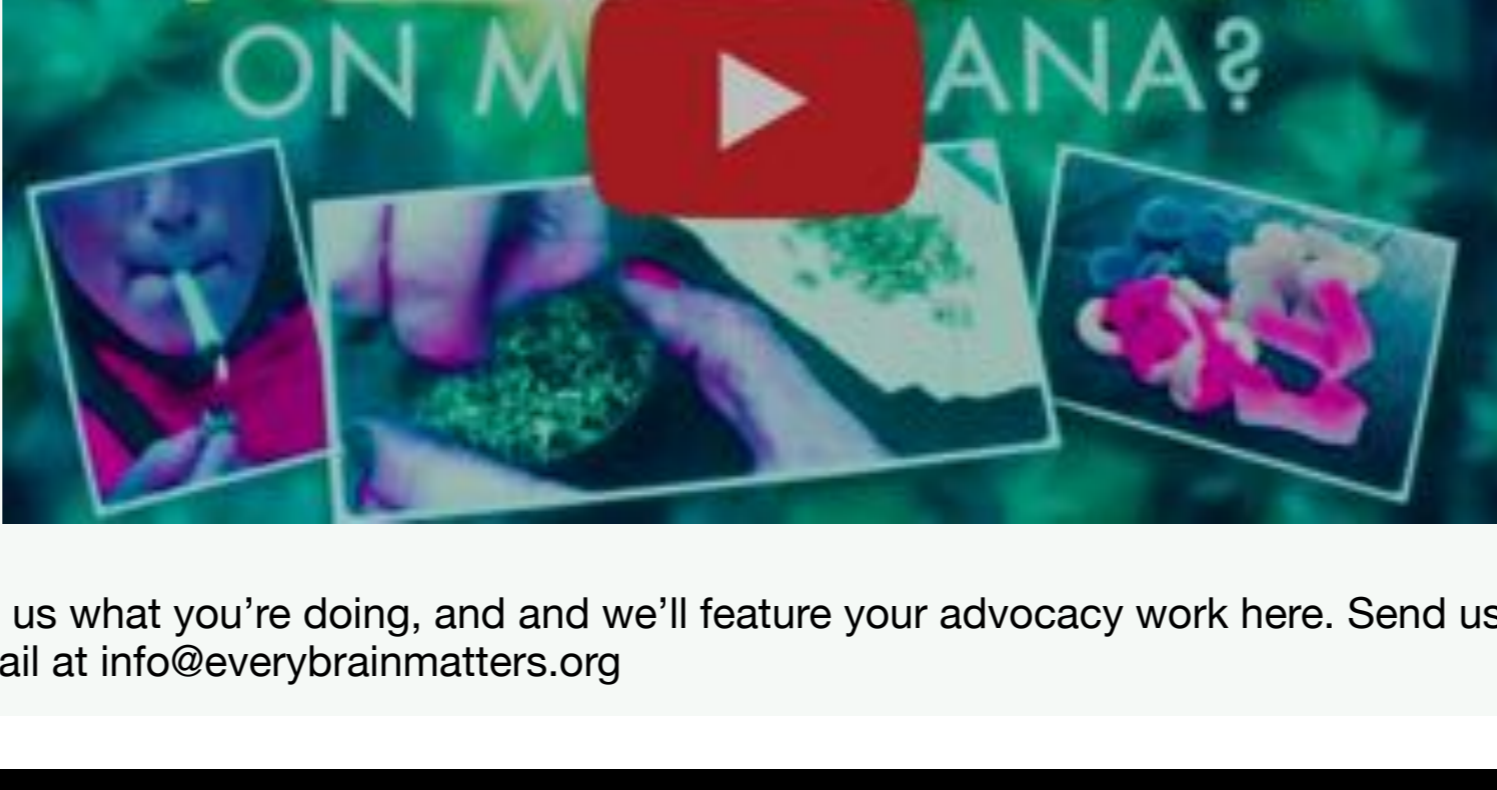
Parent Action Network, Jennifer's Messengers, and Every Brain Matters had a wonderful opportunity this past week to attend the Federation of Families Conference in Oklahoma City. Corinne LaMarca shared how a medical marijuana impaired driver caused a car crash which ended her daughter's life. Aubree Adams shared how marijuana harmed her community of Pueblo, Colorado, and her family. Heidi Rochan shared her personal experience and educated a large audience on the impacts of today's more potent marijuana products and the effects.

We are finding that most families do not understand the seriousness of their children using high potency marijuana and how quickly they can become addicted. They also think driving impaired on marijuana is okay. Some use it to medicate for anxiety during driving, when the science shows it actually can cause it. There have been more and more traffic crashes due to impaired drivers who are using edibles and not realizing how long it takes for them to feel the effects. Find out more by visiting [jennifersmessengers.org](#).

Corinne LaMarca, Director of [Jennifer's Messengers](#)



We're proud of Laura Stack, Heidi Sawin, Dr. Ronnett Lev, Kevin Sabet, and Scott Chipman speaking the truth about the impact of the marijuana expansion on the Dr. Phil show. Watch the full video below.

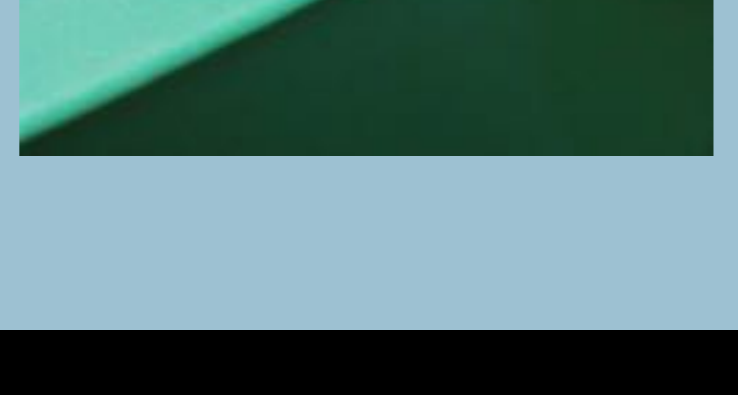


Tell us what you're doing, and we'll feature your advocacy work here. Send us an email at info@everybrainmatters.org

On The Calendar

Advocacy Meetings

Every Brain Matters Advocacy Group

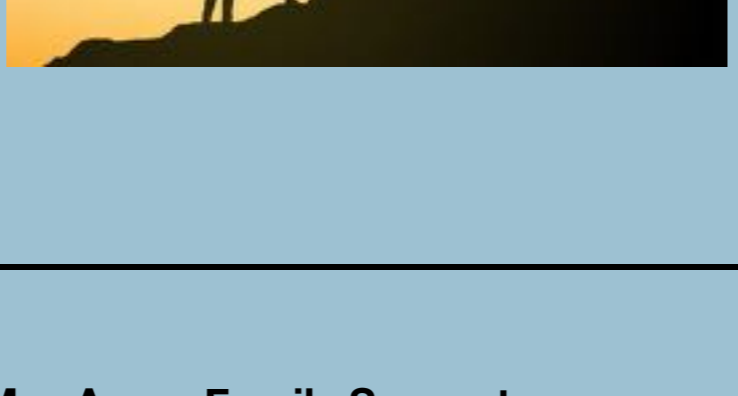


This group has been created for those who want to advocate against full-scale legalization of marijuana and for strict regulation and preventative measures in areas where the drug is already legal. The goal of this group is to help curtail the widespread acceptance, commercialization, and normalization of marijuana.

[Learn More](#)

Support and Recovery Meetings

Every Brain Matters Climbers Family Support Group

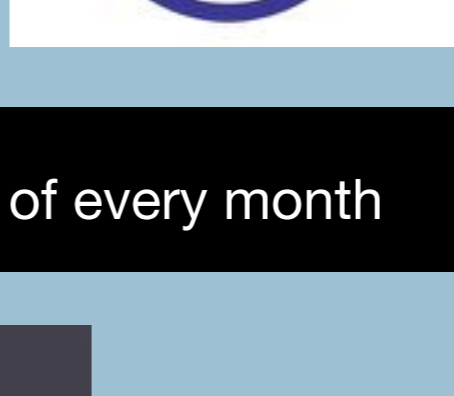


This meeting is an interactive educational group for family members to bring issues, questions or concerns, and receive direct feedback from a trained counselor and other families. Learn tools of recovery to help you and your family.

[Learn More](#)

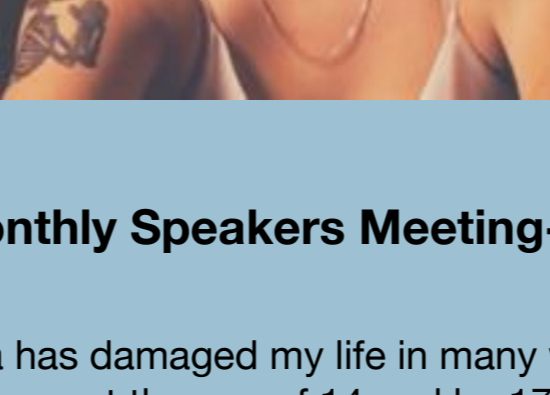
Mar-Anon, Family Support

Mar-Anon is a 12-Step program designed specifically for those who are affected by another's marijuana use.



[Learn More](#)

Monthly Speakers Meeting - First Friday of every month



Every Brain Matters Monthly Speakers Meeting - Lauren.

My name is Lauren. Marijuana has damaged my life in many ways. I have substance use disorder. I started using marijuana at the age of 14 and by 17 my drug of choice was heroin. I have bipolar and an anxiety disorder, and when I used marijuana it would often send me into panic attacks and episodes of mania. Worse, marijuana caused me to experience psychosis. I have been in recovery for the past two years, but I have struggled the most with my dependency on marijuana. Marijuana was not a harm-reduction drug for me; it always led me back to heroin. Many nights I contemplated taking my life and even attempted to a couple of times. Overcoming my addiction has been by far the hardest thing I've had to do. I have been in two psychiatric wards and seven rehabilitation centers. I've had hours of therapy, and I work in AA program where I have been able to find peace and the ability to live sober. I am currently in school getting my LCDC (Licensed Chemical Dependency Counselor) so I can help other addicts find the same serenity I have. Please join me on December 2nd to hear my experience, strength, and hope.

[Find information to this meeting here.](#)

A Moment of Silence

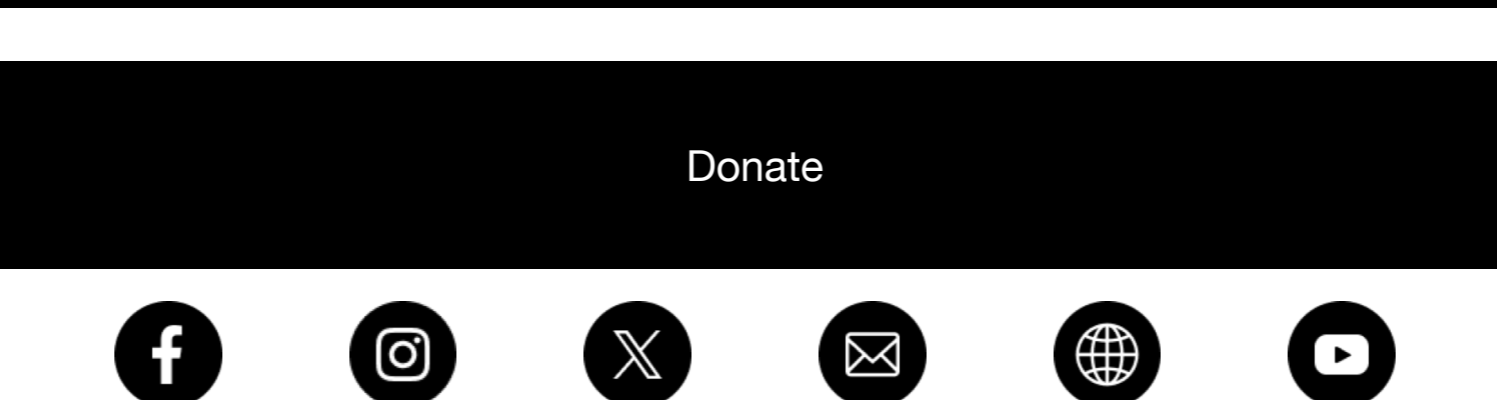
Remembering and honoring the people that we have lost due to the normalization and commercialization of marijuana. To memorialize and honor your loved one in the Every Brain Matters community, [please click this link.](#)

November Heavenly Birthdays

- November 22, 1993 - Chase Rodgers.
 - November 8, 1971 - Spencer Burchett.
 - November 9, 1991 - Bandy Bacchus, III.
 - November 13, 2000 - Brian Smith.
- #### November Remembrance:
- November 20, 2019 - Johnny Stack, 19
 - November 17, 2019 - Trevor Leopold, 19.
- #### November Marijuana related impaired driving deaths:
- November 4, 2017 - David Aguilar.
 - November 4, 2014 - Chad Britton, 16
 - November 2, 2014 - Cadence Boyer, 7, Washington.
 - November 11, 2018 - Xavier Olivares, 20, California.
 - November 6, 2019 - Nicholas (79) and Jamie (75) Flocini, California.
 - November 10, 2020 - Kimmie Tillman, 8, Illinois.
 - November 12, 2021 - Wilton Thomason, Jr, 86, Georgia.
 - November 22, 2002 - Ethan Myers, 9, Colorado.
 - November 25, 2021 - Tony Hurkmans (61), Kelly Piquette (60), Michigan.

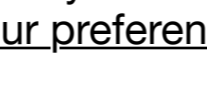
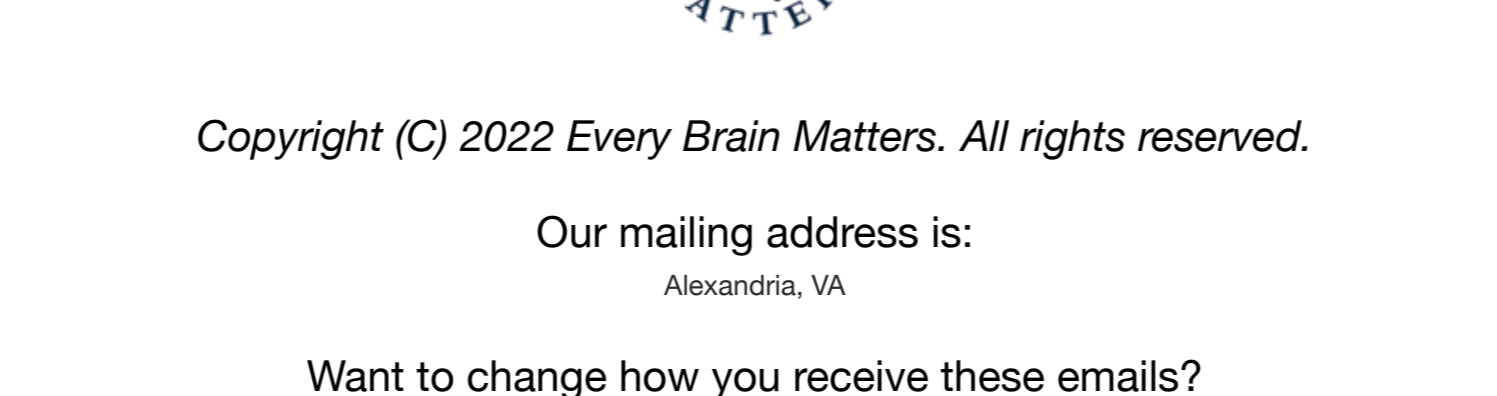
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