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Every Brain Matters Community Newsletter October 2022

Every Brain Matters is a community of support and advocacy based on science and experience. ***Join us*** as we call for a cultural change with the widespread use of our logo, which unites us and symbolizes both *"freedom from marijuana"* and optimal brain and environmental health. The public has been deceived and misled regarding the effects of marijuana products, leading us to a public health crisis. No matter what decisions are made or how much the drug culture expands, we will "Keep On Keepin On", because we wholeheartedly know that ***Every Brain Matters***.

Spotlight

Help us raise awareness for child poisoning from cannabis. Post this flyer on social media and hand it out to schools, churches, health departments, law enforcement, elected officials, stakeholders, and other community organization and members. Including Trick-or-treaters for Halloween!

Shop To Support Drug Prevention and Brain Health Because Even Zombies Like Healthy Brains!

Products available in different colors and sizes. Order now for arrival before Halloween!

Shop The Zombies Like Healthy Brains Store.

In The News

Houston, We Have a Cannabis Problem

It's time to respond to our next major drug epidemic.

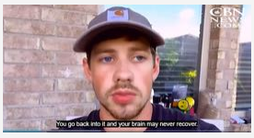
David Rettew M.D. ABDs Child Psychiatry

Read Article Here

Not Your Grandpa's Weed. Today's Super-Strong Marijuana Causing

Mental Health Problems, Addiction

CBN featured Zach Plant, who shares his experience of cannabis-induced psychosis (CIP), Dr. Christine Miller sharing the science of CIP, and Aubree Adams of Every Brain Matters, who speaks for the families affected.



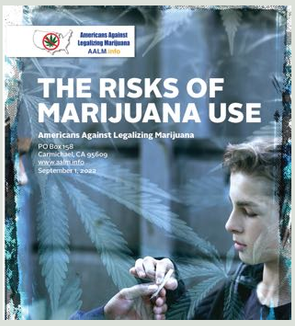
Watch this video & report here.

Education

Use the Every Brain Matters infographics to educate in your community.

AALM has published a comprehensive booklet which was made possible by a generous donation from Dr. William Bennett and Sandra Bennet in loving memory of Jarret Douglas Hughes.

Every Brain Matters is grateful for this project. We ask you all to share this booklet with your legislators and your communities. Click the image below to view the full report.



Family Resources

Recovery Questions For Families

Recovery videos For Families

Testimonies

The effects of marijuana, and other drugs, are real and increasing. We are here for those who want to share their testimonies. Click each graphic to read and share the the articles below and help give families a voice. Please help us raise awareness by sharing your testimony here.

More Testimonies Here

A Moment of Science

A Cannabinoid Hypothesis of Schizophrenia: Pathways to Psychosis

Sep. 2022 - A connection between cannabis use and first-episode psychosis was elucidated. (clear)

- Almost 50 percent of individuals who experience an initial episode of cannabis-induced psychosis are diagnosed with schizophrenia 2 to 4 years after their first psychosis experience.
- Youths ranging in age from 16 to 25 years are at the highest risk of developing a drug-induced psychosis that might later be diagnosed as schizophrenia.
- Escalating use of cannabis in younger individual has been associated wit an increased risk of first-episode psychosis, particularly in geographic locations where recreational cannabis has been legalized.
- Cannabis consumption is the "single most preventable risk factor in the development of a psychotic disorder
  https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9507146/

Major Uptick Reported in Cannabis Vaping for All Adolescents

June, 2022 - Cannabis vaping is increasing as the most popular method of cannabis delivery among all adolescents in the U.S., as in the frequency of cannabis vaping, according to research at Columbia University Mailman School of Public Health.

- Largest increases found among high-school seniors, tripling in 2 years from 5 to 14 precent.
- The study found that frequency of vaping cannabis among adolescents from all demographic groups is reported at six of more times per month, and rising faster than occasional use.
- Those who vape and smoke nicotine are more than 40 times more likely to also vape and smoke cannabis.
  https://www.publichealth.columbia.edu/public-health-now/news/major-uptick-reported-cannabis-vaping-all-adolescents

Advocacy Action

Parent Action Network, Every Brain Matters, Jennifer's Messengers, and Parents Opposed to Pot Together in DC advocating for families.

We had 2 goals:

1. Oppose the Cannabis Administration & Opportunity Act (CAOA) S. 4591, which full legalizes marijuana products.
2. Support Language in S. 4628, the Combating Violent and Dangerous Crime Act (Candy Bill) which adds criminal penalties for manufacturing, creating, distribution, dispensing or possessing with intent to distribute Schedule I or II drugs that are combined with a candy or beverage, marketed or packaged to appear like candy/beverage, modified by flavoring or coloring to appear like candy or beverage product.

Click here to send a letter to your Congress member so your voice can be heard too.

We had an exciting month with a visit to Washington, DC to meet with other parents to discuss how we will move forward, and then met with members of Congress.

In the meeting with some of our Congress members, I realized that there is more awareness than ever before. but it's not enough. Marijuana-impaired driving is becoming more frequent with the legalization of marijuana and the normalization of use. There are many reason not to legalize, as we have seen so far with all the damage that it is doing to our youth. The sad truth is, you don't have to use to be affected by marijuana impaired driving. You could be completely innocent and have your life changed forever in the blink of an eye. It only takes one impaired driver.

I am personally asking you to join our campaign. Every single day I talk to someone that has been impacted in one way or another, and it is becoming pervasive. Please exercise your voice and speak out against this. Join us and support us in our long-standing effort to make the world a safer place for all citizens.

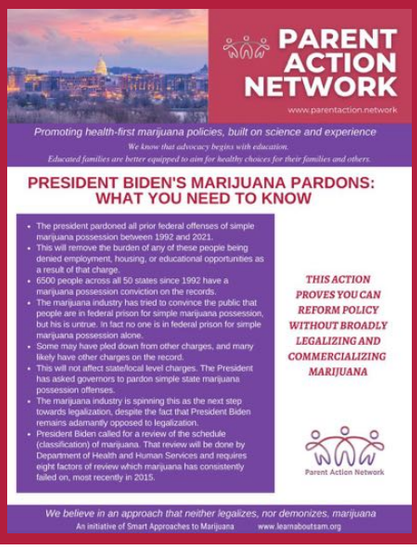
Follow us on Facebook at Jennifer's Messengers, Sounding the Alarm about the Dangers of Marijuana Driving.

Corinne LaMarca, Jennifer's mother

Check out the Jennifer's Messengers website here.

Tell us what you're doing, and and we'll feature your advocacy work here. Send us an email at info@everybrainmatters.org

Don't believe the hype by the legalizers, here's what you need to know.



On The Calendar

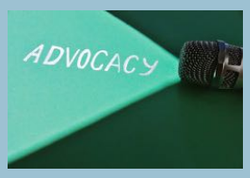
Upcoming Events

Watch Dr. Phil on Oct 21!

They can't hide the truth anymore! Heidi Swan Scott Chipman, Dr. Roneet Lev, Laura Stack, Kevin A. Sabet, and James Hayes will be featured on Dr. Phil, so show your support and help us raise awareness to the harms of marijuana!

Check your local listings here!

Advocacy Meetings



Every Brain Matters Advocacy Group

This group has been created for those who want to advocate against full-scale legalization of marijuana and for strict regulation and preventative measures in areas where this drug is already legal. The goal of this group is to help curtail the widespread acceptance, commercialization, and normalization of marijuana.

Learn More

Support and Recovery Meetings

Every Brain Matters Climbers Family Support Group

This meeting is an interactive educational group for family members to bring issues, questions or concerns, and receive direct feedback from a trained counselor and other families. Learn tools of recovery to help you and your family.

Learn More

Mar-Anon, Family Support

Mar-Anon is a 12- Step program designed specifically for those who are affected by another's marijuana use.

Learn More

Monthly Speakers Meeting - First Friday of every month

Every Brain Matters Monthly Speakers Meeting- Rowan P.

I'm Rowan Painter, 18 years old, from Houston, Texas. I became addicted to vaping marijuana at a young age which led me to feel depressed, and I was totally shut down. Then I progressed to use more drugs, like injecting meth. I have been in and out of recovery for 3 years with some challenging situations, but I'm so grateful to say I now have achieved 8 months of sobriety. My life has completely changed and the obsession to get high is no longer haunting me. And on a lighter note, a fun fact about me is I love the reality TV show, *Survivor*, and have studied the game since its conception. My dream is to one day be picked to participate in the *Survivor* challenge. Please join me to hear more about my recovery story on Nov. 4, 2022.

Find information to this meeting here.

A Moment of Silence

Remembering and honoring the people that we have lost due to the normalization and commercialization of marijuana. **To memorialize and honor your loved one in the Every Brain Matters community, *please click this link*.**

October Remembrance:

Brian Smith, October 24, 2018.

Brian Fuller, October 15, 2021.

Tyler Shamash, October 21, 2018.

October Heavenly Birthday

Jennifer Hrobuchak, October 4, 1989

Shane Robinson, October 4, 1986

Andy's Zorn, October 15, 1982

October Marijuana Related Impaired-Driving Deaths:

10/7/2017 - Michigan. Henry MacDougall (16)

10/2018 - New York. Adrienne Early (47)

10/2/2020 - Indiana. Justus Wayne Cook (6), Raelynne Michelle Cook (5)

10/4/2013, - Washington. Blake Gaston (23)

10/5/2016 - Oregon. Elizabeth Kemble (46)

10/6/2018 - New York Limo Crash – **20 killed**, including impaired limo driver (ages 24-70)

10/7/2016 - Illinois. Katelyn Jonek (9)

10/8/2012 - New York. Darian Ramnarine (18), Peter Kanhai (18), Chris Kahn (18), Neal Rajapa (17)

10/8/2016 - Vermont. Eli Brookens (16), Jane Cozzi (15), Liam Hall (16), Mary Harris (16), Cyrus Zschau (16)

10/9/2020 - Michigan. Doug Turner, Sr

10/21/2014 - Wisconsin. Cody Borsche (17), Tyler Welch (18), Paige Burnette (15)

10/22/2017 - California. Karla Salazar (18)

10/31/2012 - Washington. Justin Relethford (16)

10/6/2018 - Wisconsin. Zion Lewis (18)

10/11/2018 - New York. Adrienne Early (47)

10/2/2020 - Indiana. Justus Wayne Cook (6), Raelynne Michelle Cook (5)

10/9/2020 - Michigan. Douglas E. "Big Dog" Turner, Sr. (62)

10/31/2021 - New York. Matthew Bittner (16)

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